HIGH LEVEL OVERVIEW
WEST LAKES | OVAL REQUIREMENTS

AFL | AFLW | SANFL | ACADEMIES

Prepared April 2024 | City of Charles Sturt

OVAL USAGE | EXECUTIVE SUMMARY

OVERVIEW

West Lakes is currently the only available green space for Adelaide FC Programs. Oval usage has and will continue to grow as the demands of various programs increase.

IN THE PAST

The former football park precinct was initially only utilised for one program – AFL Men's. In 2014, Adelaide entered a team in the SANFL and oval requirements increased to facilitate SANFL training in addition to AFL.

OUR CURRENT REQUIREMENTS

In the past ten years, football programs and by extension oval requirements have increased significantly. Adelaide entered a team in the AFLW competition in 2017 and, at the same time, introduced our Academies programs.

FUTURE GROWTH

The transition to full-time AFLW players and increased training requirements is expected prior to 2030. In addition, we anticipate increased investment in our Academies programs, involvement in the talent pathway, and our onsite participation/community footprint.



OVAL USAGE



WHERE WE WERE | 2014



Adelaide's **only elite side** in 2014 (AFLW not introduced until 2017) was the men's program which was training on a **non-community accessible** Football Park.

Adelaide FC **enter SANFL Competition in 2014**, pursuant to a 15-year agreement.

Training commences after-hours 1 – 2 times per week.

OVAL – NOT COMMUNITY ACCESSIBLE





WHERE WE ARE | 2024



5 x SESSIONS PER WEEK

Training program involves a minimum **2/3 x Full Days + 3/2 x ½ Days per week** in pre-season and in-season with oval usage required for the majority of these sessions

All training within business hours



3 -4 x SESSIONS PER WEEK

Training program involves **3-4 commitments per week** in pre-season and in-season

Training is conducted as a combination of business hours and outside business hours



2 x SESSIONS PER WEEK

Training program involves **x 2 training commitments per week** in pre-season and in-season

All training is conducted outside business hours



1 -2 x SESSIONS PER WEEK

Programs involves youth male and female players, from both culturally and indigenous backgrounds, as well as father son/daughter players

Schedule subject to other commitments such as club/school/other

CURRENT | OVAL REQUIREMENTS





ESTIMATED HOURS OF MAIN OVAL USE PER WEEK

AV. PER WEEK/YEAR

APPROX 25 HOURS / WEEK

TIME	MON	TUES	WED	THURS	FRI	SAT	SUN
MORNING 8:00AM - 12:00PM	NO ON-GROUND TRAINING	AFL MEN'S	AFL MEN'S	NO FORMAL TRAINING	AFL MEN'S	AFL WOMEN'S | AFL MEN'S 8:00AM – 9:00AM	NO FORMAL TRAINING
AFTERNOON 12:00PM - 3:00PM	AFL MEN'S	NO FORMAL TRAINING	ACADEMIES 2:00PM – 3:00PM		ACADEMIES 2:00PM – 3:00PM	MATCH DAY: AFLW (TRIALS & EARLY SEASON) – 5 HOURS (fortnightly) AFL & SANFL *Indicative only – subject to fixture, date and timeslot	
EVENING 5:00PM - 8:00PM	AFL WOMEN'S	SANFL	AFLW WOMEN'S	SANFL	AFL WOMEN'S		

EXAMPLE | PROGRAM REQUIREMENTS

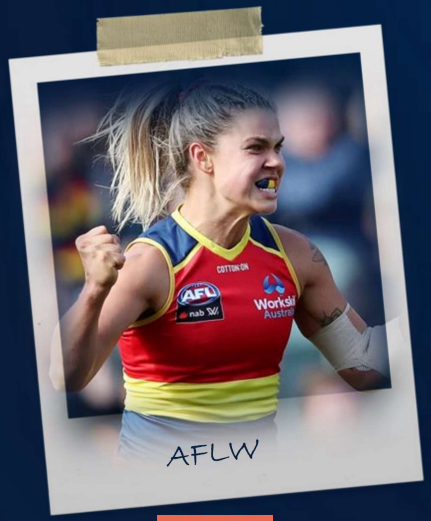
AFL & SANFL: IN-SEASON

AFLW: PRE-SEASON > TRIALS/IN-SEASON

(*SUBJECT TO SEASON EXTENSION)

WHERE WE ARE HEADING
* FUTURE PROJECTIONS *

OVAL USAGE



FULL-TIME ATHLETES

Training program and oval requirements expected to mirror men's program with increased oval usage.



NATIONAL SECOND-TIER COMPETITION

Increased training program expectations and oval requirements to players aspiring to reach AFL.

There may also be requirements for a match day venue.



INCREASED INVESTMENT

Anticipate greater AFL Club involvement in talent pathway, which would = greater investment and resource including oval requirements.



NEW BUSINESS

Pilot program in operation in 2024, with anticipated growth in participation programs.

Particular focus on oval utilisation during school holiday periods.

OVAL USAGE


ADELAIDE
CROWS